



February 2017

School Cross Country



Lake Heights Public School holds a cross country run each year. For students under 8, an obstacle course is set up at the school. This event starts at 10:00am.

For students who will turn 8 this year or older, their event is held at Barina Park, starting at 9:30am. Students and teachers walk to the park and back to school afterwards.

Distances are 2km for 8 to 10 year olds and 3km for 11-13's. A permission slip for walking to and from the venue with teachers is included below. There is no cost. Please complete and return the permission note to class teachers by 10 March.

Students are encouraged to wear their sporting house colours in support of their team.

Parents and friends are welcome at both events.

J. Upeski
Organiser

School cross country permission slip for 8 years and over

I give permission for _____ of class _____ to participate in the School Cross Country at Barina Park on Friday 10 March, 2017.

The group will walk to and from the venue, departing Lake Heights at 9am and returning by approximately 12pm.

Signed: _____ (Parent/Carer)